

# **CURRICULUM VITAE**

## **CARIN SHULER, PT, DPT, MS, OCS, CSCS, CAE**

**PROFESSION:** Physical Therapy

**CURRENT STATE REGISTRATION:** California License #P.T. 7115

**AMERICAN BOARD OF PHYSICAL THERAPY SPECIALTIES:** Board Certified Clinical Orthopedic Specialist,  
May 2002

**NATIONAL STRENGTH & CONDITIONING ASSOCIATION:** Certified Strength & Conditioning Specialist  
#200012753 June 10, 2000

**ERGOSCIENCE Licensed Provider & Certified Proficiency:** FCE & Quantitative Job Demands Analysis Evaluation  
October, 2003

**WORKSTEPS LICENSED:** Ergonomic/FCE Evaluator October 1997

**CERTIFIED ASSOCIATE ERGONOMIST:** Oxford Research Institute, October 2001

**POSITION TITLE:** President, Carin Shuler Physical Therapy, Inc.,  
dba Inland Empire Physical Therapy

### **PERSONAL INFORMATION**

Carin Jane Shuler (formerly Carin Yockey; AKA Carin Yockey-Shuler)

Married, 3 children

Birthdate: March 6, 1952

Birthplace: Hollywood, California

Business Address: Inland Empire Physical Therapy  
1303 W. 6<sup>th</sup> St., Ste. 104  
Corona, Ca. 91720

Business Phone #: (909) 273-7742

Fax #: (909)273-7747

E-mail: [ieptca@earthlink.net](mailto:ieptca@earthlink.net) or [cshuler@iephysicaltherapy.com](mailto:cshuler@iephysicaltherapy.com)

Website: [www.iephysicaltherapy.com](http://www.iephysicaltherapy.com)

### **EDUCATION:**

University of Southern California	- Advanced Standing Post Professional Doctorate of Physical Therapy, Conferred December, 2000 - Masters of Science in Biokinesiology, August, 2000 - Bachelor of Science, "cum laude" and certificate in Physical Therapy, June, 1974
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Cal State University at Fullerton	1970-1972
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Fullerton Jr. College	1970 and 1971 Summer Sessions
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## PROFESSIONAL EXPERIENCE

### **University of Southern California Los Angeles, CA**

**Adjunct Assistant Professor:** July 2001 to present. Adjunct Assistant Professor in charge of the Therapeutic Exercise Course for entry-level doctoral students. Additional duties include on-site visits for interning students.

### **Inland Empire Physical Therapy 1303 W. 6th. Street, Suite #104 Corona, CA 92882**

**Owner/Director of Services:** November 1985 to Present. Private practice offering physical, pediatric, hand, occupational, speech therapy and sports medicine services. Manual therapy emphasized. As director, duties have included strategic planning and implementation of facility's start-up and expansion programs, hiring, development and training of personnel, marketing and negotiating service contracts. Responsible for the development and organization of professional services. Currently, time is divided between management and the provision of direct care and consultation in the treatment of orthopedic, neurological, pediatric, and TMJ disorders as well as ergonomic/industrial services. Responsibilities include supervising twenty-two staff members. Clinical education is provided for interning physical therapy students affiliated with local universities. A physical therapy Orthopedic Residency program was launched summer of 2000 and accredited by the American Board Of Physical Therapy Specialties in 2001, the 3rd of its kind in the nation. Dr. Shuler is the administrator of this program. A Fellowship program is under way in 2004.

### **Circle City Hospital 730 Magnolia Ave. Corona, CA 91720**

**Contracted Director** of physical therapy services June 1989 to October 1991. Duties included staffing and provision of services of in- and out-patient services, acute care; quality assurance, meeting JCAHO standards; provision of safety and ergonomic inservices for hospital staff, participation in hospital managerial committees and community projects.

### **Riverside County California Children Services Riverview Medical Treatment Unit 4600 Pedley Norco, CA**

**Staff P.T. and Clinical Instructor:** November 1982 to August 1985.

Appointed Clinical Instructor; supervising clinical affiliations of P.T. students from various southern California, P.T. schools. Comprehensive evaluation and treatment of children, ages birth to 21 years, with various disorders including cerebral palsy, muscular dystrophy, spina bifida, developmental delay, CVA, head injuries, spinal cord injuries, other congenital anomalies and neurological disorders. Alternate duties of monthly Orthopedic and Pediatric clinics.

### **North Texas Home Health Service Garland, Texas**

**Independent contractor:** November 1980 to May 1982. Provided home physical therapy services to a variety of adolescent, adult and geriatric patients with orthopedic and neurological involvement throughout the greater Dallas area.

**Los Angeles County California Children Services**  
**2064 Marengo Street**  
**Los Angeles, Ca 90033**

**Staff P.T. and Clinical Instructor** at the Whittier Medical Therapy Unit, located within a Special Education Unit of the public school system. December 1976, through November 1979. Responsibilities were as with Riverside County.

**Boulder Memorial Hospital**  
**311 Mapleton**  
**Boulder, CO**

**Staff P.T.**, May 1976 through November 1976. Acute, rehabilitation and pediatric facility. Part-time (27 hours/week) assignments dealt with patients from all categories. Included contract work with two nursing homes, orthopedic doctor's acute facility, and home care. Member of the pediatric committee to inservice school districts regarding plans for the handicapped.

**Alpine Physical Therapy**  
**Longmont, CO**

**On-Call P.T.** basis for three months for this private office for acute care, off-site pediatric care and home care. March 1976

**Los Angeles County California Children Services**  
**2064 Marengo Street**  
**Los Angeles, Ca 90033**

**Staff P.T.** at the La Puente Medical Therapy Unit: December 1974 through December 1975. Responsibilities similar as listed under Riverside County. Also included consultation with local crib care facility on weekly basis.

## **Honors**

### **University of Southern California**

May 2000: The single recipient of the Post Professional DPT class of the Dr. Helen Hislop "Order of the Golden Cane" Award at the May 2000 commencement exercises for excellence in post-professional DPT academics, research, departmental and community service.

### **California P.T. Fund Grant Awardee**

Spring 1999 for research study entitled "Peak Ground Reaction Forces During Weighted and Unweighted Bench Step Aerobics"

### **American Business Women's Association**

1992 Business Women of the Year, Riverside-Corona, CA Chapter

### **Who's Who Among Outstanding Americans Awardee**

1995-1996

## **Appointments**

July 2001 to present      **Adjunct Assistant Clinical Professor Department of Biokinesiology & Physical Therapy, University of Southern California, Los Angeles, CA**

Fall 1999 – Spring 2000      **Appointed Graduate Assistant Faculty Member Entry Level DPT1**

Clinical Management of the Orthopedic Patient

R. Landel, D.P.T., O.C.S.

Entry Level DPT II Clinical Exercise Physiology

S. Victora Jaque, Ph.D.

Dept. of Biokinesiology and P.T.

University of Southern California

Spring 1999 to present: **Volunteer and Guest Lecturer/Adjunct Clinical Faculty Member**  
 Dept. of Biokinesiology and P.T.  
 University of Southern California  
*Therapeutic Exercise (Entry Level DPT III)/Spring 2001 to 2002*  
 J. Cormack, D.P.T., N.C.S.  
*Clinical Management of the Orthopedic Patient (Entry Level DPT I)*  
 R. Landel, D.P.T., O.C.S.  
*Clinical Exercise Physiology (Entry Level DPT II) /S. Victoria Jaque, Ph.D.*

Winter 2001 to present: **Appointed Clinical/Osteoporosis Research Mentor for M.S.P.T. students**  
 Western University Physical Therapy Department, Pomona, CA

Spring 1999 to present: **Appointed Clinical Research Mentor for entry-level DPT students**  
 Loma Linda University Physical Therapy Department

2001 to present: **Chairperson:** CA Private Practice Special Interest Group of the APTA (CPPSIG)  
 2001: **Chairperson, Government Affairs Committee,** CPPSIG  
 1998: **Nominating Committee Chairperson,** CPPSIG  
 1989-1993: **Teaching Assistant: Functional Orthopedics I and II**  
 G. Johnson, P.T. and V. Saliba, P.T.  
 Institute of Physical Art  
 Steamboat Springs, Colorado

#### POST-GRADUATE PRESENTATIONS

California Physical Therapy Association Annual Conference Skeletal Adaptation to Therapeutic Exercise: An Evidence-Based Program to Prevent & Treat Osteoporosis Sacramento, CA October, 2003	Invited Presenter
Apply Already! Combined Sections Meeting Tampa, FL. March, 2002	Invited Co-Presenter
“Balance & Bones” California Private Practice Special Interest Group Casa Colina Hospital, Pomona, CA March, 2002	Invited Co-Presenter
California Research Special Interest Group <i>Scientific Rationale for Skeletal Adaptation to Therapeutic Exercise</i> Samuel Merritt College, Oakland, CA May, 2001	Invited Co-Presenter
Southern California Conference of Biomechanists Los Angeles, Ca. April, 2000 Abstract Title: <i>Peak Vertical Ground Reaction Forces During Bench Step Aerobics</i>	Abstract Presenter

*“Periodization” of Clinical Therapeutic Exercise*  
Clinical Management of the Orthopedic Patient  
Entry-level D.P.T. class  
Professor: Robert Landel, D.P.T., O.C.S.  
University of Southern California  
Department of Biokinesiology and Physical Therapy  
January 1999 and April 2000

Graduate Teaching Assistant  
Faculty Member and Guest Lecturer

California Research Special Interest Group  
*Scientific Rationale for Skeletal Adaptation  
to Therapeutic Exercise*  
Western University of Osteopathic Medicine  
November, 1999

Invited Co-Presenter

- *“Periodization” of Clinical Therapeutic Exercise*  
Physiological Correlates of Exercise  
2<sup>nd</sup> Year D.P.T. Class  
Professor: Vicky Jaque, PhD.  
University of Southern California  
Department of Biokinesiology and Physical Therapy  
December 1998

Guest Lecturer

- Physical Therapy Alliance for Quality (PTAQ)  
Diamond Bar, CA  
*“Prescription: Fitness”*  
March 1997

Co-Presenter

- PTAQ  
*Administrator's Information Pack*  
Arcadia, CA  
February, 1997

Chair and Presenter

- PTAQ  
*“Low Back Pain and Pregnancy”*  
Diamond Bar, CA  
March, 1995

Co-Presenter

- *The Sports Medicine Approach  
for Spinal Disorders*  
Corona, CA  
June, 1993

Co-Presenter

- *Rehab of the Shoulder*  
Saddleback Hospital  
1991; 2 Day Continuing Education Course

Invited Co-Presenter

*Back Education*  
Circle City Hospital  
Corona, CA  
1992, 1991

Presenter

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- American Youth Soccer Association  
Coaches Annual Clinic: *Proper Stretching and Conditioning*  
Corona, CA  
1988 to 1994

Invited Presenter
- Loma Linda University  
Orthodontic Graduate Student Seminar  
*P.T. and TMJ Management*  
Loma Linda, CA  
September, 1988

Invited Speaker
- Rehab 88 "The Moment of Truth"  
Abbey Medical  
Oct. 1987 through May 1988-Neuro/Pediatric  
Los Angeles, CA  
May, 1988

Conference Committee  
Section Chairperson
- Loma Linda University  
Orthodontic Graduate Student Seminar  
*Physical Therapy and TMJ-An Overview*  
Loma Linda, CA  
September, 1987

Invited Speaker
- *Gait Analysis-Footprint Method*  
Riverside, CA  
September, 1984

Chairperson & Speaker
- APTA Annual Conference  
Phoenix, AZ  
*"Portable EMG Bio-feedback: a Pediatric Clinical Study"*  
June, 1980

Presenter (Special Interest Paper)
- Western Regional Course on  
New Techniques in the Management  
of the Physically Disabled Child;  
American Academy for C.P. and  
Developmental Medicine *"Portable EMG Bio-feedback  
a Pediatric Clinical Study"*  
May, 1980

Invited Co-Presenter
- Gait Analysis Workshop  
L.A. County California  
Children Services (CCS)  
August, 1979

Presenter
- L.A. County CCS - Biofeedback  
Workshop and Report on Clinical Study  
June, 1979

Chairperson and Speaker
- Pediatric Clinical Study on  
Portable EMG Biofeedback  
Whittier Medical Therapy Unit  
L.A. County CCS

Chairperson of study  
January 1978 through June 1978

- L.A. County CCS Workshop  
*Rood Theory and Practice*  
March, 1978  
Presenter
- L.A. County CCS "Forms"  
Workshop  
July, 1977  
Presenter
- California Physical Therapy Annual Conference  
Sacramento, CA  
October, 2003
- ErgoScience Provider Training  
Corona, CA  
September & October, 2003

### **CLINICAL POST-GRADUATE CONTINUING EDUCATION**

Listed are selected, major post-graduate continuing education courses attended.

- APTA Annual Conference  
Washington, D.C.  
June, 2003
- Combined Sections Meeting  
Tampa, FL.  
March, 2002
- Anatomy and Biomechanics of the Spine  
Fortanasce and Associates  
July 28, 2001
- WorkSTEPS Symposium  
Oxford Research Institute  
Las Vegas  
August 01, 2001
- University of Southern California  
Judith Burnfield, MSPT  
Gait Analysis Review  
Fall, 2000
- Orthopedic Certified Specialist Year- Long Preparation Course  
Joe Godges, PT, OCS  
Jan.- Nov., 2000  
Arcadia, Ca.
- Comprehensive Treatment for Osteoporosis  
Sara Meeks, PT, GCS  
Spring 2000  
San Francisco, CA

- Essentials of Strength Training and Conditioning NSCA Certification Course  
George Salem Ph.D., CSCS and Vic Harding, M.A., H/FI, CSCS  
April – August, 1998  
Arcadia, CA
- Inland Empire Physical Therapy  
Functional Rehabilitation  
Ruben Salinas P.T., OCS  
Vic Harding M.A., H/FI, CSCS  
March, 1998  
Corona, CA
- WorkSTEPS Licensure Course  
Parkview Hospital  
October, 1997  
Riverside, CA
- Fortanasce and Associates  
Periodization  
George Salem, Ph.D., CSCS  
Mike Fortanasce, D.P.T.  
Ruben Salinas, P.T., OCS  
Vic Harding, M.A., H/FI, CSCS  
July, 1997
- APTA Scientific Expo. And Annual Conference  
San Diego, CA  
June, 1997
- A Comprehensive Scientific Approach to Rehabilitation:  
with Special Application to the Anterior Cruciate Ligament  
Dr. G. Adamson, M.D.  
Ruben Salinas, P.T.  
Victor Harding, M.A., H/FI  
Arcadia, CA  
April, 1997
- Building Your Team with Management by 100% Responsibility.  
Lin McNeil and PTAQ  
Diamond Bar, CA  
February, 1997
- APTA Private Practice Section National Conference  
Los Angeles, CA  
November, 1996
- How to Administer a Budget  
San Bernardino, CA  
November, 1996
- Survival Techniques in Private Practice  
J. Glinn, P.T. PTPN Seminar  
Los Angeles, CA  
September, 1996

- Chronic Pelvic Pain  
Physical Therapy Alliance for Quality (PTAQ)  
Mission Viejo, CA  
June, 1996
- Dynamic Customer Service  
Lin McNeil, P.T.  
Corona, CA  
June, 1996
- D.I.S.C. Personality Profile Training  
Golden, Colorado  
February, 1995
- Strategic Business Planning  
Los Angeles, CA  
February, 1994
- Credit Management and Collections  
Paul Zuelke  
December, 1993 and March 1994
- Management by 100% Responsibility  
Lin McNeil  
Los Angeles, Ca  
October, 1993
- APTA Private Practice Section  
National Conference  
Chicago, IL  
November, 1992
- APTA California Chapter Annual Conference  
October, 1992
- McConnell Patellofemoral Taping  
Los Angeles, CA  
June, 1991
- When The Feet Hit The Ground  
Palm Springs, CA  
October, 1990
- Chain Reaction  
Phoenix, AZ  
May 1990
- Evaluation and Treatment of Craniomandibular and Craniovertebral  
Dysfunctions  
Prof. Mariano Rocabado, P.T.  
Knoxville, Tenn.  
November, 1988

- S-3 Advanced Evaluation and Manipulation of Cranio-Facial,  
Cervical and Upper Thoracic Spines (Stanley Paris)  
San Francisco, CA  
October, 1988
  
- Functional Orthopedics III  
San Francisco, CA  
September, 1988
  
- 16th Annual Sensorimotor Integration Symposium  
Incorporating Manual Therapy Techniques  
San Diego, CA  
July, 1988
  
- Myofascial Pain/Dysfunction Trigger Point Therapy Workshop  
Rancho Mirage, CA  
April, 1988
  
- Functional Orthopedics II  
Anaheim, Ca  
November, 1987
  
- S-2 Advanced Evaluation and Manipulation of the Pelvic, Lumbar,  
and the Thoracic Spines (Stanley Paris)  
San Francisco, Ca  
November, 1987
  
- Myofascial Release II  
Phoenix, AZ  
February, 1987
  
- Advanced Physical Therapy and TMJ Therapy Workshop  
A Medical/Dental Team Approach  
UCSD School of Medicine  
January, 1987
  
- Head, Neck, and TMJ Pain Management:  
A Medical/Dental Team Approach UCSD School of Medicine  
September, 1986
  
- Extremity Evaluation and Manipulation (Stanley Paris)  
Santa Monica, CA  
March, 1986
  
- Functional Orthopedics I  
Anaheim, CA  
February, 1986
  
- McKenzie: Examination and Treatment of Cervical Spine  
Long Beach, CA  
October, 1985
  
- S-1, Spinal Evaluation and Manipulation (Stanley Paris)  
Santa Monica, CA  
September, 1985

- Neurodevelopmental Treatment Approach  
Riverside, CA  
August, 1985
- Integration Approach  
Long Beach, CA  
June, 1983
- Advanced PNF  
Presented By Dallas Memorial Hospital  
Dallas, TX  
1980
- PNF: Application to Rehabilitation of Patients with  
Spinal Cord Injury or Hemiplegia  
Boulder Memorial Hospital  
Boulder, CO  
1980
- Western Regional Symposiums of Sensorimotor Integration  
La Jolla, CA  
Summers 1975-79
- NDT Workshops  
L.A. County CCS  
June, 1979 and November, 1977
- Basis of Motor Development  
(Fiorentino) Palo Alto, CA  
March, 1979
- Neonatal Intensive Care Workshop  
Long Beach Memorial Hospital  
September, 1978
- PNF: A Developmental Approach  
Northwestern University  
Medical School, Chicago  
Dorothy Voss  
1975

## **COURSE MANUALS AND PUBLISHED ARTICLES**

### **COURSE MANUALS**

- Physical Therapy Alliance for Quality (PTAQ)  
*Prescription Fitness*  
Contributor
- PTAQ  
*Administrator's Information Pack*  
Contributor

- PTAQ  
*Low Back Pain and Pregnancy*  
Contributor

- PTAQ  
*Headache*  
Contributor

- *Rehab of the Shoulder*  
Contributor

## **PUBLICATIONS**

- "*Pediatric Therapy*": a publication of PTPN  
Aug. 1995
- "*Back In Motion: How To Fight Repetitive Motion Injuries*"  
Today Magazine; Exploring Riverside and San Bernardino Counties  
Stiner Publications, May 1992  
Vol.1, Issue 3
- "*The Waves of Change and Futuristic P.T.*"  
Today Magazine; Exploring Riverside and San Bernardino Counties  
Stiner Publications, February 1992  
Vol. 1, Issue 2
- "*The Profession of P.T.: Pro-Active Health Care*"  
Today Magazine; Exploring Riverside and San Bernardino Counties  
Stiner Publications, November 1991  
Vol. 1, Issue 1
- "*Back in Action*"  
Today Magazine; Exploring Riverside and San Bernardino Counties  
Stiner Publications, August 1991  
Vol. 1, Issue 1

## **PROFESSIONAL ORGANIZATIONS**

**California Research Special Interest Group:** Member, 1999 to present

- 4/1/00 to present: Financial Committee Member

**California Private Practice Special Interest Group:** Member, 1985 to Present, Assembly Representative 2004-2005, Chairperson 2002-2003, Government Affairs Director, 2001-2002

**Physical Therapy Alliance for Quality (PTAQ)** - Founding Board Member of non-profit organization to promote networking and cooperation amongst private practices 1992 to Present. Board Liaison for Administrator's Group.

**American Physical Therapy Association (APTA):** Member 1972 to Present; Member # 54311

Private Practice Section Member

Orthopedic and Sports Section Member

Women's Health Section Member

Geriatric Section Member

**California Chapter of the APTA:** Member 1972 to Present

**Inland Counties District:** Member 1972 to Present

Nominating Committee member 1994, 1995

Inland Counties District Chair 1991 to 1993.

Inland Counties District Chair Elect 1991.

**National Strength and Conditioning Association:** Member 1998 to Present  
Certified Strength and Conditioning Specialist July, 2000  
**American College Sports Medicine:** Member 1988 to Present

## COMMUNITY ORGANIZATIONS

**Corona Chamber of Commerce:** Member 1986 to present

**Circle City Rotary of Corona**

Charter Member 1989 to present  
International and Community Services Member 1989 to 1996  
Literacy Chairperson 1993  
Scholarship Chairperson 1991

**American Business Women Association, Raincross Corona Chapter**

1992 Woman of the Year  
Scholarship Chairperson 1991  
Scholarship Committee Member 1989 to 1991

**American Youth Soccer Organization**

Girls Coach 1986 to 1992  
Cultural Exchange Coordinator 1991  
Sponsor 1986 to Present

**Crossroads Christian Church Member 1988 to Present**

Sunday School Teacher: Pre-School Division 1988 -1989

**YMCA Indian Maidens Member 1985-1988**

**American Quarter Horse Association Member 1982 to Present**

1991 Awardee: World Champion Jr. Trail Horse  
1995 Awardee: World Championship Show - 6th Place Amateur Trail  
1996 Awardee: World Championship Show - Reserve World Champion Jr. Trail

**Pacific Coast Quarter Horse Association Member 1991 to Present**

Multiple Year-End Champion and Reserve Champion Awards

**La Sierra Swim Team Board Member**

Records Chairperson 1990, 1991, 1992

**Corona-Norco Unified School District**

District Science Fair Judge 1988, 1989, 1990  
Parent-Teachers - Student Association Member

**Briandale Therapeutic Riding Center, Norco, Ca.**

Board Member and Volunteer Physical Therapist 1983 to 1986

**Queen of Hearts Therapeutic Riding Center, La Sierra , Ca.**

Volunteer Physical Therapist 3/00 to Present